



LUNCH

NOVEMBER 2017

The Center School & Hale Middle School

Manager: Karen Gilchrest

978-897-0290x6143

Coordinator: Leah Botko

lbotko@nrsd.net

Ice Cold Milk and a Variety of
Fresh Fruits Always Available!!

Monday

Tuesday

Wednesday

Thursday

Friday

Auntie Angie's Pasta & Meaty Marinara Sauce
or Herbed Butter Sauce
Golden Corn Nibbles
Warm Texas Toast



1

General Tso Chicken
Crispy Chicken in a Zesty Orange Glaze
Vegetable Fried Rice
Steamed Edamame
All served in a takeout pail with
Chop Sticks & Fortune Cookie

2

National Sandwich Day
Memphis BBQ Pulled Pork Sliders
Slow Braised Seasoned Pork
In a Sweet Smoky Sauce
on 2 Soft Slider Rolls
Crist Celery Sticks & Low Fat Dip
Golden Potato Smiles

3

No Classes Today
Parent Teacher Conferences

6

Trayless Tuesday
TYSON Chicken Patty Deluxe Sandwich
Lettuce, Tomato, Pickle Cup
Golden Sidewinder Fries
Bag of Baby Carrots & Hummus
Chilled Peach Cup

7

Korean Beef & Rice Bowl
Seasoned Ground Beef
over Steamed Brown Rice Topped with
Green Onion
Steamed Broccoli Crowns

8

Spoodles of Noodles
Heaping Helping of Noodles topped with
your choice of Meaty Marinara or
Buttery Sauce
Sweet Green Peas

9

In Observance of
Veterans Day
No Classes today

10

Tyson all white meat
Chicken Nuggets
Assorted Dipping Sauces
Whipped Potatoes & Steamy Gravy
Honey Mustard Green Beans
Warm Wheat Roll

13

National Pickle Day
Hot Diggity Dogs
Grilled Kayem Frank on a Soft Roll
Sweet Pickle Relish
Sweet Potato Fries
Crisp Carrot Sticks & Hummus
Crunchy 1/2 Sour Pickle Spear

14

Chili-Cheese Tots
Zesty All Beef Chili with beans
& Cheesy Sauce over Golden Tater Tots
Topped with Diced Tomato, Green Onion
& Sour Cream
Giant, Warm Soft Pretzel
Craisins

15

Turkey & All the Fixings
Oven Roasted Turkey
Whipped Potatoes & Steamy Gravy
Herbed Bread Stuffing
Parslied Carrot Coins
Warm Wheat Roll
Pear Crisp & Whipped Topping

16

Chicken & Wa Wa Waffles
All White Meat TYSON Chicken Fingers
Golden Flaky Waffles
Strawberries & Cream Toppings
Crunchy Carrot Sticks & Hummus Dip
Corn & Black Bean Salad

17

Gill's Famous Pan Pizza of NH
Crisp Caesar Salad
Baby Carrots & Hummus
Fruited Gelatin & Whipped Topping

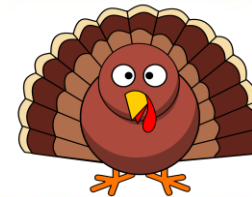
20

National Gingerbread Day
Build Your Own Burger Bar
All Beef Patty, Cheese, Lettuce,
Tomato, Pickle, Onions, Assorted
Condiments on a Soft Pretzel Roll
Golden Oven Fries
Oven Baked Beans

21



22



23



24

Tyson all white meat
Chicken Nuggets
Assorted Dipping Sauces
Whipped Potatoes & Steamy Gravy
Parslied Carrot Coins
Warm Wheat Roll

27

National French Toast Day
100% Orange Juice
Warm French Toast Sticks
Blueberries & Cream
Jones Lite Sausage Links
Oven Baked Beans
Golden Tater Tots

28

Auntie Angie's Spaghetti & Meatballs
or Herbed Butter Sauce
Seasoned Green Beans
Warm Texas Toast

29

Totally Taco Thursday
Seasoned Taco Meat
Topped with Garden Salsa, Sour Cream
& Shredded Cheese & Lettuce
All in a Soft Flour Tortilla
Mexi-Corn
Spiced Pears or Apple Sauce

30



Daily Offerings:

3 Fun Lunch Combos
Assorted Salads & Wraps
Cheese Pizza

Director; Tom Houle
thoule@nrsd.net

Please inform your servers of any Food Allergies
Menu Subject to change

The U.S. Department of Agriculture Prohibits Discrimination

