

Monday

Tyson All White Meat **2**
Chicken Nuggets
Sweet Potato Tots
Celery Sticks &
Sunbutter Dip
Assorted Ice Cold Milk

On Columbus Day,
head straight for a great time! **9**



Spoodles of Noddles **16**
2 Spoodles of Noodles✓
in a bowl with your choice of
Marinara Sauce or Buttery Sauce
Steamed Broccoli Crowns

Chicken Burrito Bowl **23**
(w/o Chicken available✓)
Seasoned Chicken, Rice, Zesty Beans,
Topped with Sour Cream, Shredded
Lettuce & Garden Salsa
Crunchy Nacho Chips
Golden Corn Nibbles

Tyson all White Meat **30**
Golden Chicken Nuggets
Whipped Potatoes & Steamy Gravy
Parslied Carrot Coins
Warm Wheat Roll

Tuesday

Twisted Pasta ✓ **3**
& Meatballs
Lemon Pepper Broccoli
Warm Bread Stick
Assorted Ice Cold Milk

BBQ Chicken & Cheese Sub **10**
Sidewinder Fries
Lettuce, Tomato & Pickles
Crunchy Carrot & Celery Sticks
Chick Pea Hummus

Tyson All White Meat **17**
Chicken Parmesan Sandwich
Sidewinder Fries
Parslied Carrot Coins

The Big Grill **24**
Bacon, Tomato & Cheese toasted
golden brown✓
Warm Tomato Soup
Crunchy Celery Sticks &
Low Fat Dip

Taco Salad Boat **31**
Seasoned Beef, Shredded Lettuce,
Diced Tomato, Garden Salsa and
Sour Cream in a Tortilla Bowl
Zesty Refried Beans
Golden Corn Nibbles

Wednesday

Oven Roasted Chicken **4**
Drum Sticks
Whipped Potatoes
Parslied Carrots Coins
Warm Wheat Roll
Assorted Ice Cold Milk

Something New **11**
Baked Potato ✓
Topped with Chili
& Shredded Cheese
Parslied Carrot Coins
Warm Giant Pretzel

Nachos Grande' **18**
Seasoned Taco Meat, Shredder
Cheese, Diced Tomato & Garden
Salsa over Warm Nacho Chips
Zesty Refried Beans
Golden Corn Nibbles

Chinese Take Out **25**
Orange Chicken
With Broccoli
Steamed Rice
In a takeout pail
with Chop Sticks & Fortune Cookie

Thursday

BBQ Pulled Pork Sandwich **5**
Oven Baked Beans
Golden Potato Smiles
Assorted Ice Cold Milk

Asian Bon Mi **12**
Sweet Teriyaki Beef
Shredded Lettuce & Cheese in a
Mini Flatbread
Pickle & Tomato Cup
Steamed Broccoli Crowns

Tasty Cheese Ravioli **19**
in Marinara Sauce✓
Garlic Texas Toast
Honey Mustard Green Beans

Meatball Parmesan Sub **26**
or Black Bean Burger✓
Golden Oven Fries
Parslied Carrot Coins
Oven Baked Beans

Friday

Gill's Famous Pan **6**
Pizza of NH ✓
Honey Mustard Green Beans
Assorted Ice Cold Milk

Brunch for Lunch **13**
Golden French Toast✓ Sticks
& Syrup✓
Jones Lite Sausage Links
Oven Baked Beans
Potato Smiles
Fruit Cocktail Cup

Ms. Kari's **20**
Homemade Pizza✓
Cheese or Pepperoni
Steamed Broccoli Crowns
Crunchy Carrots & Low Fat Dip

Early Release **27**
No Lunch Today
Please join us for breakfast
at the snack shack

On the slide
Cheeseburger
Chicken Patty
Assorted Pizza

Grab & Go
Assorted Salads & Wraps
Made to order Deli Sandwiches & Salads

Director; Tom Houle
thoule@nrsd.net

Please inform your servers of any Food Allergies
Menu Subject to change

The U.S. Department of Agriculture Prohibits Discrimination

