

Ice Cold Milk and a Variety of  
Fresh Fruits Always Available!!

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**1**  
Pasta Bar  
Choice of Pasta  
Meaty Marinara, Cheese or  
Buttery Sauce  
Golden Corn Nibbles  
Warm Texas Toast

**2**  
General Tso Chicken  
Crispy Chicken in a Zesty Orange Glaze  
Vegetable Fried Rice  
Steamed Edamame  
All served in a takeout pail with  
Chop Sticks & Fortune Cookie

**3**  
National Sandwich Day  
Memphis BBQ Pulled Pork Sliders  
Slow Braised Seasoned Pork  
In a Sweet Smoky Sauce  
on 2 Soft Slider Rolls  
Crist Celery Sticks & Low Fat Dip  
Golden Potato Smiles

**6**  
No Classes Today  
Parent Teacher Conferences

**7**  
Trayless Tuesday  
TYSON Chicken Patty Deluxe Sandwich  
Lettuce, Tomato, Pickle Cup  
Golden Sidewinder Fries  
Bag of Baby Carrots & Hummus  
Chilled Peach Cup

**8**  
Korean Beef & Rice Bowl  
Seasoned Ground Beef  
over Steamed Brown Rice Topped with  
Green Onion, Cabbage and Cilantro  
Steamed Broccoli Crowns

**9**  
Classic American Chop Suey  
Warm Wheat Roll  
Smart balance Spread  
Sweet Green Peas

**10**  
In Observance of  
  
No Classes today

**13**  
Tyson all white meat  
Chicken Nuggets  
Assorted Dipping Sauces  
Whipped Potatoes & Steamy Gravy  
Honey Mustard Green Beans  
Warm Wheat Roll

**14**  
National Pickle Day  
Sausage, Onion & Pepper Sub  
Golden Sweet Potato Fries  
Crisp Carrot Sticks & Hummus  
Crunchy 1/2 Sour Pickle Spear

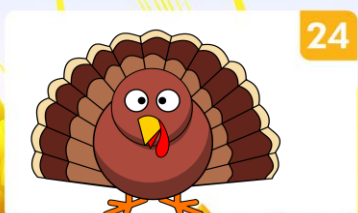
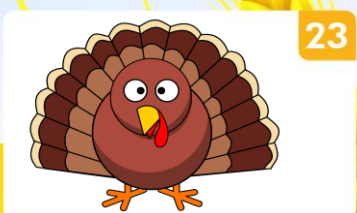
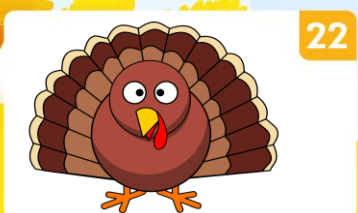
**15**  
Chili-Cheese Tots  
Zesty All Beef Chili with beans  
& Cheesy Sauce over Golden Tater Tots  
Topped with Diced Tomato, Green Onion  
& Sour Cream  
Giant, Warm Soft Pretzel  
Craisins

**16**  
Turkey & All the Fixings  
Oven Roasted Turkey  
Whipped Potatoes & Steamy Gravy  
Herbed Bread Stuffing  
Parslied Carrot Coins  
Warm Wheat Roll  
Pear Crisp & Whipped Topping

**17**  
Chicken & Wa Wa Waffles  
All White Meat TYSON Chicken Fingers  
Golden Flaky Waffles  
Strawberries & Cream Toppings  
Crunchy Carrot Sticks & Hummus Dip  
Corn & Black Bean Salad

**20**  
Gill's Famous Pan Pizza of NH  
Crisp Caesar Salad  
Baby Carrots & Hummus  
Fruited Gelatin & Whipped Topping

**21**  
National Gingerbread Day  
Build Your Own Burger Bar  
All Beef Patty, Cheese, Lettuce,  
Tomato, Pickle, Onions, Assorted  
Condiments on a Soft Pretzel Roll  
Golden Oven Fries  
Oven Baked Beans



**27**  
Tyson all white meat  
Chicken Nuggets  
Assorted Dipping Sauces  
Whipped Potatoes & Steamy Gravy  
Parslied Carrot Coins  
Warm Wheat Roll

**28**  
National French Toast Day  
100% Orange Juice  
Warm French Toast Sticks  
Blueberries & Cream  
Jones Lite Sausage Links  
Oven Baked Beans  
Golden Tater Tots

**29**  
Auntie Angie's Spaghetti  
& Meatballs  
or Herbed Butter Sauce  
Seasoned Green Beans  
Warm Texas Toast

**30**  
Totally Taco Thursday  
Seasoned Taco Meat  
Topped with Garden Salsa, Sour Cream  
& Shredded Cheese & Lettuce  
All in a Soft Flour Tortilla  
Mexi-Corn  
Spiced Pears or Apple Sauce



On the slide  
Cheeseburger  
Chicken Patty  
Assorted Pizza

Grab & Go  
Assorted Salads & Wraps & Parfaits  
Made to order Deli Sandwiches & Salads

Director; Tom Houle  
thoule@nrsd.net

Please inform your servers of any Food Allergies  
Menu Subject to change