



LUNCH

NOVEMBER 2017

Florence Sawyer School and Emerson School

Manager: Heather French

978-779-2821

Coordinator: Leah Botko

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Ice Cold Milk and a Variety of
Fresh Fruits Always Available!!

Monday

Tuesday

Wednesday

Thursday

Friday

6
No Classes Today
Parent Teacher Conferences

7
Trayless Tuesday
TYSON Chicken Patty Deluxe Sandwich
Lettuce, Tomato, Pickle Cup
Golden Sidewinder Fries
Bag of Baby Carrots & Hummus
Chilled Peach Cup

8
Korean Beef & Rice Bowl
Seasoned Ground Beef
over Steamed Brown Rice Topped with
Green Onion
Steamed Broccoli Crowns

9
Spoodles of Noodles
Heaping Helping of Noodles topped with
your choice of Meaty Marinara or
Buttery Sauce
Sweet Green Peas

10
In Observance of

No Classes today

13
Tyson all white meat
Chicken Nuggets
Assorted Dipping Sauces
Whipped Potatoes & Steamy Gravy
Honey Mustard Green Beans
Warm Wheat Roll

14
National Pickle Day
Hot Diggity Dogs
Grilled Kayem Frank on a Soft Roll
Sweet Pickle Relish
Sweet Potato Fries
Crisp Carrot Sticks & Hummus
Crunchy 1/2 Sour Pickle Spear

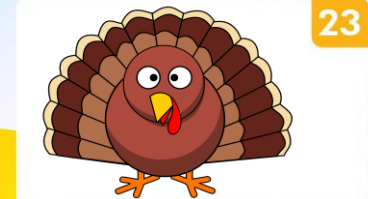
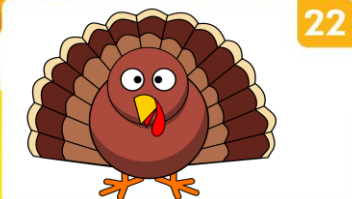
15
Chili-Cheese Tots
Zesty All Beef Chili with beans
& Cheesy Sauce over Golden Tater Tots
Topped with Diced Tomato, Green Onion
& Sour Cream
Giant, Warm Soft Pretzel
Craisins

16
Turkey & All the Fixings
Oven Roasted Turkey
Whipped Potatoes & Steamy Gravy
Herbed Bread Stuffing
Parslied Carrot Coins
Warm Wheat Roll
Pear Crisp & Whipped Topping

17
Chicken & Wa Wa Waffles
All White Meat TYSON Chicken Fingers
Golden Flaky Waffles
Strawberries & Cream Toppings
Crunchy Carrot Sticks & Hummus Dip
Corn & Black Bean Salad

20
Gill's Famous Pan Pizza of NH
Crisp Caesar Salad
Baby Carrots & Hummus
Fruited Gelatin & Whipped Topping

21
National Gingerbread Day
Build Your Own Burger Bar
All Beef Patty, Cheese, Lettuce,
Tomato, Pickle, Onions, Assorted
Condiments on a Soft Pretzel Roll
Golden Oven Fries
Oven Baked Beans



27
Tyson all White Meat
Chicken Nuggets
Assorted Dipping Sauces
Whipped Potatoes & Steamy Gravy
Parslied Carrot Coins
Warm Wheat Roll

28
National French Toast Day
100% Orange Juice
Warm French Toast Sticks
Blueberries & Cream
Jones Lite Sausage Links
Oven Baked Beans
Golden Tater Tots

29
Auntie Angie's Spaghetti
& Meatballs
or Herbed Butter Sauce
Seasoned Green Beans
Warm Texas Toast

30
Totally Taco Thursday
Seasoned Taco Meat
Topped with Garden Salsa, Sour Cream
& Shredded Cheese & Lettuce
All in a Soft Flour Tortilla
Mexi-Corn
Spiced Pears or Apple Sauce



Daily Offerings:

3 Fun Lunch Combos
Assorted Salads & Wraps
Cheese Pizza

Director; Tom Houle
thoule@nrsd.net

Please inform your servers of any Food Allergies
Menu Subject to change

The U.S. Department of Agriculture Prohibits Discrimination

